



# ALPINE HOUSE SURGERY

£20 TO ENTER

Entry includes FREE Tshirt and refreshments

# CHARITY BIKE RIDE 2025

## SUNDAY, 18 MAY

### 9am START



Join us!

Alpine House Surgery are hosting a Charity Bike Ride to raise funds to support C.A.R.S, a locally based cancer recovery charity and LLR MIND, a local charity that provides information and support for people living with or affected by mental health problems.

100% of all money raised will go to both charities.

Bike riding will start from 9am, leaving from Alpine House Surgery car park. Site opens from 8.30am. Our figure of 8 route will cover 54km of the local area. A shorter route is available by just completing the first loop of 22km, so all abilities are welcome!

**Donations (via Just Giving)** In addition to the Registration fee, if you are being Sponsored for the event or wish to Donate to either or both Charities, please scan the relevant QR code below. Donations appreciated even if you are NOT taking part in the event.



[www.alpinehousesurgery.co.uk](http://www.alpinehousesurgery.co.uk)

REGISTER HERE



To book your place, Please scan this QR code

(Open to riders age 16+ only)